

Thanasias Efthymios

Mobile: (+30) 6948389635
(+30) 6936649652
(+357) 97895503

e-mail: efthymios.thanasias@gmail.com

WEB Site: www.iatrikiergasias.com
www.occupationalmedicine.eu

Fax: (+30) 2110117396



Personal Information:

Date of Birth : **16/1/1972**

Education:

- Occupational Physician from 15/7/2011
- Graduate School of Medicine, University of Athens, 12/2004
- PhD, School of Medicine, University of Thessaly. Thesis: prognostic and predictive factors for lung cancer
- MSc in Public Health (MPH), National School of Public Health. Thesis: "Study of potential cellular alterations in workers in the mining and processing of nickel "
- MSc, School of Medicine, University of Athens on "Environment and Health"
- Certified Occupational Physician Specialist of the Republic of Cyprus
- Instructor Human Resource Development Authority, Cyprus. Certified Seminars: Assessment and Management of occupational diseases - Role of Occupational Medicine
- Research Associate in the Department of Occupational and Industrial Hygiene , National School of Public Health - E.S.D.Y
- Research Associate in the Oncology Clinic of Internal Medicine Department at the University Hospital of Larissa
- Research Fellow in the IPA, Molecular Medicine, Toxicology and

Occupational Medicine departments, RUHR UNIVERSITY OF BOCHUM, GERMANY

- OHSAS (ISO 18001), ISO 15224, ISO 9001 – Lead Auditor
- Trained in IPA, RUHR UNIVERSITY OF BOCHUM, GERMANY in Occupational Medicine, in molecular biology and toxicology as well as in the laboratory investigating occupational asthma
- Specialized in the "organization and management of health units" from National and Kapodistrian University of Athens
- Certified ALS (advance life support) and PHTLS (pre hospital trauma life support) provider (European Resuscitation Council)
- Certified instructor in BLS - AED, FIRST AID AT WORK
- Instructor to the post graduate program 'Occupational Medicine' School of Medicine, Democritus University of Thrace

Professional Experience:

- Occupational Physician in the following companies **(More than 5 years of experience):**

- LARCO GENERAL MINING AND METALLURGICAL COMPANY S A
- LRQA - Greece
- HIPPOCRATION HOSPITAL - CYPROUS
- MEDIA STROM
- VIVECHROM (AKZO NOBEL)
- TCM – Maritime, TSAKOS GROUP
- EUROCHARTIKI - Endless
- BREWERY ATALANTIS
- MUNICIPALITY of Elefsina
- MUNICIPALITY of Aspropyrgos
- MUNICIPALITY of Nea Smyrni
- MTN - Cyprus
- SHIPYARD of Salamina, SPANOPOULOS Group - Greece
- TRIPSTA
- IACOVOU Bros Construction, SKYRA LIMA - CYPRUS
- TNT - CYPRUS
- PELETIKO - CYPRUS
- CYPRUS COMPANY PETROLEUM STORAGE
- HELLENIC COPPER MINES – CYPRUS
- LEROY MERLIN - Greece
- H&M

- ALPHA BANK
- IKEA (CY)
- APIVITA
- VASSILIKO CEMENT WORKS PUBLIC COMPANY Ltd

Skills:

- ECDL and MOUS in personal computers use and programming
- Professional Driving License
- Web Site Administrator the official website of Occupational Medicine in Greece, www.iatrikiergasias.gr

Languages:

- English at optimal levels
- Italian at a basic level
- Greek - native language

Activities:

- Member of the Greek Society of Occupational and Environmental Medicine
- Member of the Pan Cyprian Medical Association
- Member of the Asbestos Forum
- Representative of Greece to the European project SAFE START, JAMIE (Joint Actions for injury prevention)
- Member of the Board the Lighthouse for the Blind of Greece, representing blind people in Greece

**Work Experience
/ Professional
record:**

- Safety Technician at Lighthouse for the Blind of Greece from 2001 to 12/2004, with the responsibility for compliance with health regulations, design of the production process and working conditions for the prevention from occupational diseases and accidents of workers with disabilities
- From 12/2004 to date as Physician in various positions in the private and public sector
- Clinical researcher, basic research in oncology and tumorigenesis,

experience in laboratory biochemistry and biology from 6/2008

- Occupational Physician specialist since 7/2011 in many important companies from any productive sector in Greece and Cyprus
- Member of the Pan Cyprian Medical Association
- Lead Auditor for ISO 9001, 18001, 15224
- Chief in ISO certification on health and safety section - DQS HELLAS
- Scientist responsible for Occupational Medicine in ACRM (GREECE) CONSULTING AND RISK MANAGEMENT LTD.
- Scientist responsible for Occupational Medicine in DGS CRM (CYPRUS) CONSULTING AND RISK MANAGEMENT LTD.
- Public Health Supervisor from 9/2000 to 12/2004

***Presentations
Conferences /
Publications:***

- Author of «Legionella spp. and Workspaces », 2010
- Speaker at the international conference «Advances in Pneumology" Bonn, Germany on 17-18/6/2011: «Occupational immediate-type allergic asthma due to potassium tetrachloroplatinate»
- Hepatitis A virus infection and the waste handling industry: a seroprevalence study. Rachiotis G, Papagiannis D, Thanasias E, Dounias G, Hadjichristodoulou C. Int J Environ Res Public Health. 2012 Dec 7;9(12):4498-503.
- Occupational non-immediate type allergic asthma due to ammonium persulfate. Polychronakis I, Thanasias E, Raulf-Heimsoth M, Merget R. Adv Exp Med Biol. 2013;755:79-84
- Occupational immediate-type allergic asthma due to potassium tetrachloroplatinate in production of cytotoxic drugs. Thanasias E, Polychronakis I, van Kampen V, Brüning T, Merget R. Adv Exp Med Biol. 2013;755:47-53.
- Hepatitis B virus infection and waste collection: prevalence, risk factors, and infection pathway. Rachiotis G, Papagiannis D, Markas D, Thanasias E, Dounias G, Hadjichristodoulou C. Am J Ind Med. 2012 Jul;55(7):650-5.
- Decreasing trend of Legionella isolation in a long-term microbial monitoring program in Greek hospitals. Velonakis E, Karanika M, Mouchtouri V, Thanasias E, Katsiaflaka A, Vatopoulos A, Hadjichristodoulou C. Int J Environ Health Res. 2012;22(3):197-209.
- Evaluation of genetic damage in a mining and smelting industry workers

using the buccal micronucleus assay, E. Thanasias, D. Koutsoumplias, E. Stathakis, Ch. Liaskos, D. Vlastos, G. Halkos, D. Mathopoulos, V. Makropoulos (Υπο δημοσίευση στο περιοδικό PLOS ONE)

- Speaker at the PanHellenic Medical Congress of Occupational Medicine 2016: "Molecular biomarkers for assessment of exposure to harmful factors".
- Speaker at the international conference EURO Maintenance 2016 (30/5-1/6/2016) «Study of the induced micronucleus to workers in a mining and smelting of nickel industry»
- Speaker at the 7th Maintenance Forum, 13-15-10-2011, Athens, "Maintenance and Occupational Diseases"